

# Gooddeals

LOOKS YOU'LL LOVE—FOR LESS

AUGUST 2004

## Good Housekeeping

**Always Hungry?**  
The "Eat More, Lose Big" Diet

**SPEND LESS AND LOVE IT**  
Real families tell how

**Lip Tips!**  
Make yours fuller, smoother, younger

**BAD HEADACHES**  
The pill to prevent them

**SHY?** Little ways to loosen up

**The Perfect Burger**, p.156

PHOTOGRAPHS, CLOCKWISE FROM TOP LEFT: DAVID LEWIS TAYLOR; DAVID BASH by Renee Yam; DEVON JARVIS, styling by Mia Katoh; DAVID BASHAW (2), styling by...



\$8.24



\$24



\$1



### it's a gloss-up

Whichever pen-style lip tint you choose, you'll get a wash of color that glides on smoothly—and a shimmery smile. Stila's Lip Glaze, *top*, is available at Sephora; E.L.F. Hypershine Gloss, at drugstores.



### claims

is colorful wheeled carry-on at the luggage carousel. It expands to fit souvenirs and comes with a matching backpack. Also in blue, pink, red, and orange; from Atlantic Luggage.



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